

Abstract

The purpose of this study was to determine whether there were differences in the prevalence of self-reported depression between men and women who had been exposed to violence during childhood and adulthood. Data from the National Longitudinal Study of Adolescent Health (Add Health) are used to examine the relationship between exposure to violence and self-reported depression among adolescents aged 15-18 years. The results show that exposure to violence during childhood and adulthood is associated with higher rates of self-reported depression. Furthermore, the association between exposure to violence and self-reported depression is stronger for women than for men.

Keywords: Depression, Violence, Gender, Adolescents

Introduction

Depression is a common mental health problem that affects millions of people worldwide. It is characterized by persistent feelings of sadness, loss of interest in activities, and changes in appetite and sleep patterns. Depression can have serious consequences on a person's physical and social functioning, and it is often treated with medication and therapy.

One of the most significant risk factors for depression is exposure to violence. Exposure to violence during childhood and adulthood has been found to be associated with higher rates of self-reported depression. This relationship is particularly strong for women, who are more likely than men to experience depression after exposure to violence.

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The results show that exposure to violence during childhood and adulthood is associated with higher rates of self-reported depression. Furthermore, the association between exposure to violence and self-reported depression is stronger for women than for men.

This finding is important because it suggests that exposure to violence may have different effects on men and women. Women may be more vulnerable to the psychological effects of violence, which could explain why they are more likely to report depression. Understanding these gender differences is crucial for developing effective interventions to help people affected by violence.

In conclusion, this study provides evidence that exposure to violence is associated with higher rates of self-reported depression, and that this association is stronger for women than for men. These findings highlight the need for further research on the psychological effects of violence and the importance of addressing the needs of both men and women who have experienced violence.

Anton B. Harris

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✓	Rejected
=	Allowed

-	(Through numeral) Cancelled
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N	Non-Elected
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A	Appeal
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